

MYRTLE BEACH FALL GOLF & YOGA RETREAT NOVEMBER 4TH-8TH 2011

Arrive Friday 4pm/depart Tuesday 9am

WITH

Maribeth MacKenzie, E-RYT and Lauren Davis, E-RYT

FULL RETREAT



2 Rounds of Golf
(3 available at for extra cost)
**Golf Clinic w/
teaching professional**
Daily Yoga Classes
One hour Massage
(more available at extra cost)
All Meals
Pool, Hot Tub, Beach



\$850 per couple queen /\$950 king ocean front
\$700 single/\$550 single shared

A four star amazing house on the beach

All rooms have beautiful private baths
Amenities include pool table, hot tub, private beach access,
porches on 3 levels, huge kitchen, lots of seating areas for
quiet private time.

Mini-Retreat Options

FULL DAY RETREAT

\$175

Arrive 9am -Depart 9pm

Golf or Yoga Classes

Massage

3 Meals and Happy Hour

Hot Tub and Beach

OR

HALF DAY

\$125

Arrive 2pm - Depart 9pm

Yoga Class

Massage

Happy Hour and Dinner

Hot Tub and Beach

50% deposit required at time of reservation - full payment by October 1st, 2011

Reserve your spot today!

Call or email for details

Maribeth (843) 650-6105 Omgirl@sccoast.net

Lauren (925) 683-5623 lauren@laurendavislive.com